

HELP US HELP THE ENVIRONMENT - THERE IS NO PLANET 'B'

Help Reduce Energy Consumption

Please Switch off the Lights and TV when Leaving your Room

Do You Need Fresh Towels

Reducing unnecessary washing of towels saves significantly on water and energy consumption, detergent use as well as time, helping the environment and reducing costs

Water is a Resource - Please Conserve it

Although there appears to be plenty of in Scotland it is not the case everywhere. Some useful tips to help:

Limit the time in the shower, try for 4-5 minutes, it should be plenty, rather than 20!

Turn the tap off when brushing your Teeth

Flushing

Please Only Flush Away '**You Know What**' and Toilet Paper

Please No Sanitary Items or Wet-Wipes



Thank You For Your Help

Kate & William Yeo